

 ISL Valur - Players



13



ISL

Ágústsdóttir Ásdís Þóra

Position: Centre Back
Place of birth: Reykjavik
Date of birth: 01.03.2002
Height: 172 cm



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ISL

Ágústsdóttir Lilja

Position: Left Wing
Place of birth: Reykjavik
Date of birth: 30.04.2004
Height: 170 cm



21



ISL

Arnardóttir Ásrún Inga

Position: Left Back
Place of birth: Reykjavik
Date of birth: 12.06.2006
Height: 181 cm



10



ISL

Ásgeirsdóttir Þórey Anna

Position: Right Wing
Place of birth: Reykjavik
Date of birth: 03.11.1997
Height: 171 cm



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ISL

Björnsdóttir Hildur

Position: Line Player
Place of birth: Reykjavik
Date of birth: 25.07.1993
Height: 176 cm



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ISL

Eiríksdóttir Arna Karítas

Position: Centre Back
Place of birth: Reykjavik
Date of birth: 29.03.2007
Height: 165 cm



16



ISL

Elíasardóttir Elísabet Milly

Position: Goalkeeper
Place of birth: Reykjavik
Date of birth: 11.05.2006
Height: 184 cm



14



ISL

Elíasdóttir Elísa

Position: Line Player
Place of birth: Vestmannaeyjar
Date of birth: 31.07.2004
Height: 175 cm



24



ISL

Eradze Maríam

Position: Left Back
Place of birth: Tbilisi
Date of birth: 14.10.1998
Height: 182 cm



23



ISL

Fróðadóttir Sara Lind

Position: Right Wing
Place of birth: Reykjavik
Date of birth: 12.12.2006
Height: 168 cm



19



ISL

Gestsdóttir Auður Ester

Position: Right Wing
Place of birth: Reykjavik
Date of birth: 31.03.2000
Height: 163 cm



22



ISL

Gunnarsdóttir Alba Mist

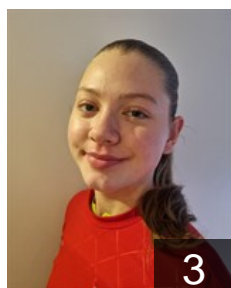
Position: Left Wing
Place of birth: Reykjavik
Date of birth: 30.03.2009
Height: 160 cm

EHF Club Competition – Delegation list

EHF European League Women 2025/26



 ISL Valur - Players



 ISL

Helgadóttir Iðunn Erla Mýrdal

Position: Goalkeeper
Place of birth: Reykjavik
Date of birth: 22.10.2010
Height: 165 cm

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 ISL

Jónasdóttir Águsta Rún

Position: Line Player
Place of birth: Reykjavik
Date of birth: 12.07.2006
Height: 178 cm

11



 ISL

Magnúsdóttir Guðrún Ásta

Position: Left Wing
Place of birth: Reykjavik
Date of birth: 16.11.2008
Height: 167 cm

8



 ISL

Mínerudóttir Oddný

Position: Goalkeeper
Place of birth: Reykjavik
Date of birth: 27.07.2007
Height: 170 cm

1



 ISL

Óskarsdóttir Laufey Helga

Position: Centre Back
Place of birth: Reykjavik
Date of birth: 18.09.2009
Height: 169 cm

4



 ISL

Renötudóttir Hafdís

Position: Goalkeeper
Place of birth: Reykjavik
Date of birth: 12.07.1997
Height: 193 cm

12



 ISL

Steinsen Jónsdóttir Eva

Position: Left Wing
Place of birth: Reykjavik
Date of birth: 14.09.2008
Height: 167 cm

18



 ISL

Sturludóttir Thea Imani

Position: Right Back
Place of birth: Oxford
Date of birth: 21.01.1997
Height: 180 cm

25



 ISL

Thompson Lovísa

Position: Left Back
Place of birth: Reykjavik
Date of birth: 27.10.1999
Height: 170 cm

35



 ISL

Þórarinsdóttir Sigrún Erla

Position: Line Player
Place of birth: Reykjavik
Date of birth: 09.02.2008
Height: 182 cm

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 ISL

Þórhallsdóttir Ásthildur

Position: Left Wing
Place of birth: Reykjavik
Date of birth: 18.09.2006
Height: 165 cm

5



 ISL

Traustadóttir Guðrún Hekla


Position: Right Back
Place of birth: Reykjavik
Date of birth: 11.11.2007
Height: 178 cm

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EHF European League Women 2025/26



 ISL Valur - Team Officials



 ISL

Bjarnason Viðar

Athletic Trainer

Date of birth: 16.10.1978



 ISL

Gudmundsdottir Björg Elin

Team Assistant

Date of birth: 09.05.1950



 ISL

Gunnlausdóttir Eva

President

Date of birth: 03.04.1969



 ISL

Höskuldsdóttir Sólveig Lóa

Physiotherapist

Date of birth: 22.03.1995



 ISL

Jensdóttir Anna Sóley

Physiotherapist

Date of birth: 26.10.1997



 ISL

Jónsdóttir Sigríður Unnur

Team Manager

Date of birth: 27.03.1976



 ISL

Jónsson Sigurgeir

Assistant Coach

Date of birth: 19.04.1983



 ISL

Morthens Hlynur

Goalkeeper Coach

Date of birth: 12.12.1975



 ISL

Óskarsson Óskar Bjarni

Technical Director

Date of birth: 15.03.1973



 ISL

Rúnarsson Anton

Head Coach

Date of birth: 20.07.1988



 ISL

Þorbjörnsson Fannar Örn

Vice President

Date of birth: 23.04.1981



 ISL

Þorleifsson Aron Óskar


Physiotherapist

Date of birth: 21.04.2001

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EHF European League Women 2025/26



 ISL Valur - Team Officials



 ISL

Þorvarðarson Einar Óli

Physiotherapist

Date of birth: 09.02.1985



 ISL

Valsson Theódór Hjalti

Team Manager

Date of birth: 29.04.1973